

2019 News Submissions

[2019 Alumnae Meeting takes place in Cameroon](#) by Sr. Leonarda N. Tubuo, SST, [Cameroon](#),
(1/22/2019)

[Together, lets make the world uninhabitable for Cancer](#) by Sr. Vera Ndifofo, [Cameroon](#),
(1/29/2019)

[Appreciation for the gift of education from a HESA student](#) by Sr. Christine Muia, [Kenya](#),
(2/13/2019)

[SLDI as a stepping stone in my apostolate and the value of mentorship](#) by Sr. Irine Wafula, [Kenya](#),
(2/13/2019)

[Grateful for my holistic education through the HESA program](#) by Sr. Rose Wambui Nyambura,
[Kenya](#), (2/13/2019)

[Gratitude from HESA students in Kenya \(a group message\)](#) by Sr. Juliana Egbeleke, [Kenya](#),
(2/13/2019)

[Transforming challenges into opportunities](#) by Sr. Vera Ndifofo, [Cameroon](#), (2/15/2019)

[When you encounter God's presence through a Catholic Nun](#) by Paul Che Bame, [Cameroon](#),
(2/15/2019)

[Responding to the immediate needs of a community in crisis](#) by Sr. Marivella Condez, [Cameroon](#),
(2/15/2019)

[International Women's Day](#) by Sr. Monica Juma, SSND, [Ghana](#), (2/24/2019)

[The gift of a laptop has been an indispensable value in my ministry](#) by Sr. Doris Kiven, [Cameroon](#),
(3/5/2019)

[Teaching students about stress management in the midst of crisis](#) by Sr. Doris Kiven, [Cameroon](#),
(3/5/2019)

[Bringing the joy of Christmas to internally displaced persons in Bamenda](#) by Sr. Louisa Abid,
[Cameroon](#), (3/7/2019)

[Bringing ASEC skills into practicality through mentorship](#) by Sr Teresa Mulenga, [Malawi](#), (3/22/2019)

[Training on team and team building](#) by Sr. Leonarda Tubuo, [Cameroon](#), (4/2/2019)

[Life both transformed and saved with \\$55](#) by Sr Teresa Mulenga, [Malawi](#), (4/2/2019)

[Mother Tongue a necessary step to intellectual development](#) by Sr. Vera Ndifofo, [Cameroon](#), (4/4/2019)

[ASEC announces new Lesotho Country Director, Sr. Anacletta Lempe](#) by Sr. Francina Makoe, FCSCJ, [Lesotho](#), (4/4/2019)

[Convocation Ceremony at Veritas University, Abuja](#) by Sr. Juliet Ikeh, SOM, [Nigeria](#), (4/4/2019)

[Skill training to Internally displaced women in Yaounde- Cameroon](#) by Sr. Felcitas Ngum Nengtoh, [Cameroon](#), (4/4/2019)

[Healthcare flourishes through education at the Holy Cross Health Centre](#) by Sr. Monica M. Kissoly, SCC, [Tanzania](#), (4/15/2019)

[Self-confidence spreads confidence](#) by Sr. Efronsina F. Mbiki, CICM, [Tanzania](#), (4/15/2019)

[SLDI Leadership Course Impact on my Ministry and Promotion](#) by Sr. Elizabeth P. Kasanga, SCSF, [Tanzania](#), (4/26/2019)

[Campaign to curb election violence \(Video\)](#) by Sr. Caroline Mwasya, CPS (Missionary Sisters of the Precious Blood), [Kenya](#), (5/1/2019)

[The role of religious leaders faced with corruption](#) by Sr. Catherine Mulee, [Kenya](#), (5/3/2019)

[A Poem of Gratitude to Our Donors](#) by Sr. Catherine Mulee Syombua, [Kenya](#), (5/3/2019)

[Using ASEC skills to build classrooms for the physically impaired](#) by Sr. Antoinette Jecinter Okoth, [Kenya](#), (5/3/2019)

[Case History of Kitui Country Orphan and Vulnerable Children \(OVC\)](#) by Sr. Faith Nyambura Kamau, [Kenya](#), (5/8/2019)

[Freely you have received, Freely you ought to give](#) by Sr. Vera Ndifofo, [Cameroon](#), (5/11/2019)

[An Eye Opening Experience at CISCO Centre](#) by SLDI Social Group - Sr. Doreen Nnubia, Sr. Christiana Ikewehugo, Sr. Mary Christopher, Sr. Alaeke Bernadette, [Nigeria](#), (5/16/2019)

[Educating our Youth, the Future Generation](#) by Sr. Leticia R. Kazimoto, FDCC (SLDI ALumnae 2018), [Tanzania](#), (5/22/2019)

[Generation Hope](#) by Sr. Maria N. Isaya, [Tanzania](#), (5/24/2019)

[Creating Hope for the Future Generation](#) by SR. MARTHA MODEST, [Tanzania](#), (5/27/2019)

[Miraculous Touch by ASEC - A Story of the Awakening to the World of Technology](#) by Sr. Eva Chifundo Kangaude Carmelite Missionaries, [Malawi](#), (6/3/2019)

[A Call to Heal and Rescue Life](#) by SR. EFROSINA MBIKI, CICM, [Tanzania](#), (6/11/2019)

[Teaching Practice at Our Lady of Mercy Secondary School](#) by Sr. Abigail Mwaka, HBVM, [Zambia](#), (6/14/2019)

[HEALING HANDS](#) by CUHAS - HESA STUDENT (SR. MARIANA IGNACE, H.C.S), [Tanzania](#), (6/15/2019)

[HESA Reflective Learning allow Students to share and learn](#) by Sr. Mary Owuoth , [Kenya](#), (6/17/2019)

[Journey so far](#) by Sr. Juliana Egbeleke , [Kenya](#), (6/17/2019)

[NURSING HANDS](#) by SR. MARIA N. ISAYA, LSOSF, [Tanzania](#), (6/17/2019)

[THEOLOGY STUDENTS COMMISSIONING SPEECH](#) by Sr. Anastacia Mwebia, [Kenya](#), (6/17/2019)

[MY EXPERIENCE ABOUT HEALING HANDS](#) by SR. SENORINA LUCIAN, SCB, [Tanzania](#), (6/28/2019)

[VISIT OF THE EXECUTIVE DIRECTOR OF ASEC AND PRESIDENT OF NATIONAL CONFERENCE OF WOMEN RELIGIOUS - NIGERIA](#) by Sr. Clementine Ekere, EHJ, [Nigeria](#), (6/30/2019)

[Evangelizing Higher Education HESA 2019 Partners Conference](#) by Ngatchu Damen Nyinkeu, [Cameroon](#), (7/10/2019)

[Be Happy as a Broom](#) by Sr. Elizabeth Mukenyi, [Kenya](#), (7/11/2019)

[A Heart like a River](#) by Sr. Mary Francis Akinrinade, [Kenya](#), (7/11/2019)

[A WORD OF APPRECIATION TO ASEC-HESA PROGRAM](#) by Sr. Hilaria Chombo, [Malawi](#),
(7/12/2019)

[That era of ignorance and lack of confidence in the area has become a thing of the past! Thanks to ASEC!](#) by Sister Veronica Chibovo (CMFC), [Malawi](#), (7/15/2019)

[ORGANIC VEGETABLE PRODUCTION, THE SUREST WAY TO HEALTHY LIVING](#) by Sr. Evelyn Serwaa Adjei, SSL, [Ghana](#), (7/16/2019)

[The Story of Jemila](#) by Sr.M.Antonieta Walea, [South Sudan](#), (7/18/2019)

[Whatever God has put together, no one should put asunder](#) by Sr. Michelina Gacheri, [Kenya](#),
(7/22/2019)

[Climb the tree](#) by Sr. Emily Cheronu, [Kenya](#), (7/22/2019)

[The power of Team Work](#) by Sr. Fridah Kainyu Miriti, [Kenya](#), (7/22/2019)

[I sing to you ASEC/HESA](#) by Sr. Margaret Wamae, [Kenya](#), (7/22/2019)

[SLDI/HESA BRAVO!!!!](#) by Sr. Maria Therese, [Kenya](#), (7/22/2019)

[Presentation during CCEK Baseline Survey](#) by Sr. Delvin Mukhwana, [Kenya](#), (7/22/2019)

[COMMISSIONING CEREMONY HELD AT CHEMCHEMI YA UZIMA SCHOOL OF FORMATION](#) by Sr. Juliana Aadebimpe Egbeleke SSL, [Kenya](#), (7/23/2019)

[HOLISTIC FORMATION BY SR. UCHE ONYEKONWU SISTERS OF NOTRE DAME DE NAMUR](#) by Sr. Uche ONYEKONWU , [Kenya](#), (7/23/2019)

[Message to the Donor](#) by Sr Christine Philomena Muia , [Kenya](#), (7/23/2019)

[Philosophy Course Report](#) by Sr. Rebecca Sichangi, [Kenya](#), (7/23/2019)

[SUPPORTED IN ORDER TO BE SELF-SUPPORTIVE](#) by SR. INVIOLATA KAMBANGA, OSB, [Tanzania](#), (7/23/2019)

[INNERMOST APPRECIATION TO SISTERS LEADERSHIP DEVELOPMENT \(SLDI\) PROGRAM](#) by Sr. Leticia R. Kazimoto, FDCC, [Tanzania](#), (7/23/2019)

[GROWING GREEN](#) by Sr. Seniorina S. Lucian S.C.B, [Tanzania](#), (7/24/2019)

[BIG SUCCESS, BIG UP TWO YEARS SCHOLARSHIP BENEFACTORS](#) by SR. EUSEBIA MICHAEL TEMBA, H.S.S, [Tanzania](#), (7/27/2019)

[MY DREAM CAME TRUE](#) by SR. DOROTHEA JAMES, SDS, [Tanzania](#), (7/27/2019)

[YOUR SUPPORTIVE COUNT MILLION TO ME](#) by SR. MERCY MAKUKA, OSB, [Tanzania](#), (7/27/2019)

[My Course Mates](#) by Louisa Huni-Dadzie, SHCJ, [Ghana](#), (7/27/2019)

[Impressions about the Workshop](#) by SLDI Basic Technology Participants, [Ghana](#), (7/27/2019)

[ENVIRONMENTAL CONSERVATION AND PROTECTION](#) by Sr. Catherine Mulee, [Kenya](#), (8/8/2019)

[ESTABLISHING AN AFRICA FREE OF POVERTY](#) by Sr. Catherine Mulee, [Kenya](#), (8/8/2019)

[WHAT MOTIVATED ME TO JOIN THE SLDI PROGRAM](#) by Sr. Anne Ndungu, [Kenya](#), (8/8/2019)

[THE MOST INSIGHTFUL MOMENT](#) by Sr. Beatrice Chepngeno, [Kenya](#), (8/8/2019)

[My Experience of Basic Technology](#) by Sr. Beatrice Tarus, [Kenya](#), (8/8/2019)

[From a recalcitrant student to an aspirant to religious life](#) by Sr. Evelyin Njang, [Cameroon](#), (8/8/2019)

[I touched the magic tool for the first time](#) by Sr. Doris Kiven, [Cameroon](#), (8/8/2019)

[THE GROWTH IN BASIC TECHNOLOGY](#) by Sr. Caroline Muthoni Mbae, [Kenya](#), (8/14/2019)

[MY EXPERIENCE WITH SLDI BASIC TECHNOLOGY](#) by Sr. Christophea Fedha, [Kenya](#), (8/14/2019)

[Memorable Moments at Tumaini Centre](#) by Sr. Cynthia Keya, [Kenya](#), (8/14/2019)

[MY EXPERIENCE WITH ASEC -SLDI](#) by Sr. Dorothy Nyaketo, [Kenya](#), (8/14/2019)

[LEARNING IS LIFE LONG](#) by Sr. Edita Wambugi James, [Kenya](#), (8/14/2019)

[My Success Story in Basic Technology](#) by Sr. Elizabeth Idem, [Kenya](#), (8/14/2019)

[TECHNOLOGY IS A TOOL FOR TRANSFORMATION](#) by Sr. Elizabeth Wangui Ndirangu, [Kenya](#), (8/14/2019)

[ASEC: SHOWER OF BLESSINGS FROM ABOVE](#) by Sr. Francisca Kaesa, [Kenya](#), (8/14/2019)

[Thank You](#) by Sr. Nyiramariza Hilarie , [Kenya](#), (8/14/2019)

[THE EYE OPENER ``WHAT A GREAT OPPORTUNITY``](#) by Sr. Jacinta Kisangau, [Kenya](#), (8/14/2019)

[My motivation for participating in the Basic Technology](#) by Sr. Jacinta Okechukwu, [Kenya](#), (8/15/2019)

[A STEP FURTHER IN MY LIFE](#) by Sr. Jane Muiga, [Kenya](#), (8/15/2019)

[What I am is because of ASEC-HESA](#) by Sr. Jane Watenga, [Kenya](#), (8/15/2019)

[TECHNOLOGY, ITâS ALL ABOUT TECHNOLOGY!](#) by Sr. Jenifer Samuel, [Kenya](#), (8/15/2019)

[What motivated me to attend Basic Technology](#) by Sr. Josephine Wanjiku Kariuki, [Kenya](#), (8/15/2019)

[Poem of Gratitude](#) by Sr. Lilian Nyakundi, [Kenya](#), (8/15/2019)

[Appreciation](#) by Sr. Luisa Makena, [Kenya](#), (8/15/2019)

[MY EXPERIENCE AT ASEC BASIC TECHNOLOGY PROGRAM](#) by Sr. Lydia Kerubo, [Kenya](#), (8/15/2019)

[MY EXPERIENCE WITH ASEC-SLDI PROGRAM](#) by Sr. Maureen Nguna Muli, [Kenya](#), (8/15/2019)

[MY STRUGGLES BEFORE ASEC- SLDI BASIC TECHNOLOGY](#) by Sr. Oliver Tarimo, [Tanzania](#), (8/15/2019)

[INSPIRATION STORY](#) by Sr. Rosemary Nasaazi, [Kenya](#), (8/15/2019)

[MY INTERACTION WITH COMPUTER during SLDI BASIC TECHNOLOGY](#) by Sr Teresiah Muchuna , [Kenya](#), (8/15/2019)

[WHAT A GREAT CHANCE](#) by Sr. Vivian Nanjala Milimo , [Kenya](#), (8/15/2019)

[THROUGH VERITAS ON HESAâS WINGS](#) by Sr. Nwankwo Justine Ndidi, SSH, [Nigeria](#), (8/15/2019)

[EFFECTIVE STUDY](#) by SR. HELEN DALADIMA, SSND, [Ghana](#), (8/19/2019)

[Teaching is Power](#) by SR. NGOZI IGWUDU, SND, [Ghana](#), (8/19/2019)

[Committed teachers can see their work in action](#) by SR. JOYCE BAABEREYIR, HHCJ, [Ghana](#), (8/19/2019)

[My experience of sustainable farming in my own community](#) by SR. NGOZI IGWUDU, SND, [Ghana](#), (8/19/2019)

[GHANA 2019: AN UNFORGETTABLE EXPERIENCE](#) by Yerodin Lucas, [USA](#), (8/22/2019)

[Teaching: An art and science so rewarding and challenging](#) by SR. ROSELYNE W. WAFULA, fsp, [Tanzania](#), (8/20/2019)

[TEACHING](#) by SR. MARIA N. ISSAYA, [Tanzania](#), (8/22/2019)

[Teaching: Reach your Goal](#) by SR. AGRICOLA T. ANDREA, LSOFS, [Tanzania](#), (8/22/2019)

[INTELLECTUAL, SPIRITUAL, MORAL EDUCATION IS THE PASSPORT TO THE FUTURE](#) by SR. PATRICIA DANIEL, SCC, [Tanzania](#), (8/22/2019)

[âJESUS THE TEACHER OF WISDOMâ](#) by SR. PULKERIA K. NDEMASI, LSj, [Tanzania](#), (8/27/2019)

[ASEC-Skills for donor confidence and project sustainability](#) by Sr Teresa Mulenga, [Malawi](#), (8/28/2019)

[TEACHING](#) by SR. GETRUDE MUSHI (Fdcc), [Tanzania](#), (8/28/2019)

[Educate our youth for a better future](#) by SR. FRANSISCA KIMARIO, S.M.I., [Tanzania](#), (8/29/2019)

[Teaching with Love](#) by Sr. Bernadeta F. Mwanshalushe, SCC, [Tanzania](#), (8/30/2019)

[Importance of Technology to Sisters](#) by Sr. Martha Musonda FMDM, [Zambia](#), (9/3/2019)

[LOVE GREEN, PROMOTE LIFE](#) by SR. PATRICIA DANIEL, SCC, [Tanzania](#), (9/8/2019)

[ENVIRONMENT](#) by Sr. Fransisca Kimario S.M.I., [Tanzania](#), (9/11/2019)

[ENVIRONMENT IS THE MOTHER](#) by SR. INVIOLATA IMANI KIMATHY, CB, [Tanzania](#), (9/11/2019)

[BETTER THE ENVIRONMENT](#) by SR. AGNES MUSSA MKINDA, OSB, [Tanzania](#), (9/11/2019)

[My Treasure](#) by Sr. Christine Mong'ina, [Kenya](#), (9/12/2019)

[Days come, Days go](#) by Sr. Margaret Wanda, [Kenya](#), (9/12/2019)

[Multiply my Thanks](#) by Sr. Teresia Ngiti, [Kenya](#), (9/12/2019)

[Empowering is the WORD](#) by Sr. Lilian Njuguna, [Kenya](#), (9/12/2019)

-
- [Success is doing my part well](#) by Sr. Martha Bosibori, [Kenya](#), (9/12/2019)
- [Prepared and Sent](#) by Sr. Sabina Segera, [Kenya](#), (9/13/2019)
- [An Experience of Gratitude](#) by Sr. Beth Wamucii Kibe, [Kenya](#), (9/13/2019)
- [The Twenty-first century journey with technology](#) by Sr. Brenda Basibori, [Kenya](#), (9/13/2019)
- [Bravo Bravo Bravo to ASEC-SLDI](#) by Sr. Carolynne Agnes Wafula, [Kenya](#), (9/13/2019)
- [SHIFT OF EXPERIENCES AND BEHAVIOUR](#) by Sr. Celestine Akumu, [Kenya](#), (9/13/2019)
- [TECHNOLOGY JOURNEY TOWARDS TRANSFORMATION](#) by Sr. Christine Imbali, [Kenya](#), (9/13/2019)
- [Personal Experience in Basic Technology](#) by Sr. Eunice Mueni Mutua, [Kenya](#), (9/13/2019)
- [Greening our Skills](#) by Sr. Gertrude Nyawira, [Kenya](#), (9/13/2019)
- [Give without pay](#) by Sr. Hyline Kemunto Okundi, [Kenya](#), (9/13/2019)
- [A Witness with a Difference](#) by Sr. Lucy Ndinda Kisavi, [Kenya](#), (9/13/2019)
- [The transformation moment](#) by Sr. Lydia Kemuma Makori, [Kenya](#), (9/13/2019)
- [To realize the important of a second, ask someone whom an aero plane has left.](#) by Sr. Lydia Ondong, [Kenya](#), (9/13/2019)
- [There is no secret, just have to work hard.](#) by Sr Mahima Tuscano , [Kenya](#), (9/13/2019)
- [THE JOY OF HARD WORK](#) by Sr Merceline Anyega, [Kenya](#), (9/13/2019)
- [GOD’S GIFT TO HIS PEOPLE](#) by Sr. Nancy Sidi Keah, [Kenya](#), (9/13/2019)
- [IMPORTANCE OF BASIC TECHNOLOGY](#) by Sr. Nancy Munene , [Kenya](#), (9/13/2019)
- [CHANGES FOR EVANGELIZATION](#) by Sr. Phelesia Okwemba, [Kenya](#), (9/13/2019)
- [AND BY KNOWLEDGE THE ROOMS ARE FILLED WITH ALL PRECIOUS AND PLEASANT RICHES](#) by Sr. Regina Nthenya, [Kenya](#), (9/13/2019)
- [Enlighted, Enabled and Empowered](#) by Sr. Veronica Ekisa Odera, [Kenya](#), (9/13/2019)
- [My graduation day](#) by Sr. Gift Kabonde (LSMI), [Zambia](#), (9/18/2019)

[What the Lord has done for me](#) by Sr Rita Mapenzi, [Zambia](#), (9/18/2019)

[WHO IS RESPONSIBLE!](#) by SR. BERNADETA F. MWANSHALUSHE, SCC, [Tanzania](#), (9/19/2019)

[ENVIRONMENT](#) by SR. LINDA J. OKEREKE, [Tanzania](#), (9/19/2019)

[DO WE CARE FOR OUR MOTHER? ENVIRONMENT \(FOOT PRINTS\)](#) by SR. GETRUDE MUSHI, Fdcc, [Tanzania](#), (9/19/2019)

[My Appreciation](#) by Sr. Anastasia Kalingeme, [Zambia](#), (9/20/2019)

[MOTHER EARTH: A CALL TO TAKE CARE OF THE ENVIRONMENT](#) by SR. LETICIA R. KAZIMOTO, FDCC, [Tanzania](#), (9/20/2019)

[ENVIRONMENT](#) by SR. BENEDICTA NEVUMBA, OLHC, [Tanzania](#), (9/20/2019)

[Better environment better tomorrow](#) by SR. PATRICIA DANIEL NDANU, SCC, [Tanzania](#), (9/21/2019)

[Acting to preserve the environment](#) by SR. VERONIC JOHN MTEI, SPR, [Tanzania](#), (9/21/2019)

[Necessity to take care of creation](#) by Sr. Aline Akonkwa Busane (MSOLA), [Tanzania](#), (9/21/2019)

[African Nuns Mourn Philanthropist Barron Hilton](#) by Sr. Jecinter Antonette , [Kenya](#), (9/25/2019)

[I will not stop learning](#) by Sr.Paskwina Iromo , [South Sudan](#), (9/26/2019)

[Seed of hope is finding enough resources to meet the needs of the community](#) by SR. RUTH AFFUL-MENSAH, HDR, [Ghana](#), (9/26/2019)

[Overcoming challenges at a maternity clinic in Ghana](#) by SR. STELLA UDEH, OP, [Ghana](#), (9/26/2019)

[Going Green to make the world a better place to live in](#) by SR. JOYCE BAABEREYIR, HHCJ, [Ghana](#), (9/26/2019)

[We depend on nature and the environment](#) by SR. ROSELYNE W. WAFULA, fsp, [Tanzania](#), (9/26/2019)

[Understanding environmental pollution](#) by SR. HONORINA PASCHAL, SCVP, [Tanzania](#), (9/29/2019)

[The environment is a gift from God](#) by SR. MARIE ROSE MASIKA KAHAMBU (ODN), [Tanzania](#), (9/29/2019)

[Using technology skills to liberate young girls](#) by Sr. Angela Waithera Gaitho, [Kenya](#), (10/14/2019)

[Arise and Shine with Technology Skills](#) by SR. LYDIAH MONYANGI OTEGE , [Kenya](#), (10/14/2019)

[The importance of technology as a teacher and a catechist](#) by Sr. Regina Kalavi, [Kenya](#), (10/14/2019)

[My scholarship motivated me to work extra hard](#) by Sr Roseline Jepkorir Bwaley , [Kenya](#), (10/14/2019)

[Gardening and creativity as a way of life](#) by Sr. Edina Moraa, [Kenya](#), (10/21/2019)

[The future of our churches is digital](#) by Sr. Leah Wangui Waititu , [Kenya](#), (10/21/2019)

[I struggled with computers and printing in my ministry until ASEC Basic Technology course](#) by Sr. Ann Nyambura, [Kenya](#), (10/21/2019)

[ASEC courses helped me to manage mission accounts in Kenya](#) by Sr. Kiemtaramboubou K. Arlette, [Kenya](#), (10/21/2019)

[Computer skills improved my ability to minister pastoral programs to the children](#) by Sr. Christine Kathini Mutemi , [Kenya](#), (10/21/2019)

[Every child deserves an education](#) by SR. Venerabilis Bonaventura Urio, RA, [Tanzania](#), (10/25/2019)

[Offsetting the psychological effects of being an orphan](#) by Sr. Benedicta Nevumber, OLHC, [Tanzania](#), (10/25/2019)

[Go out of your way to bring joy to orphans](#) by Sr. Constansia Maria Mosha, RA, [Tanzania](#), (10/25/2019)

[You will be blessed if you restore hope to orphans](#) by Liberia Ignace Silayo, URS-S.H.J, [Tanzania](#), (10/25/2019)

[I named my newsletter Ray of Sunshine in honor of Conrad Hilton](#) by Sr. Rachel Marita, [Kenya](#), (10/27/2019)

[My encounter with an orphan](#) by SR. RUTH AFFUL-MENSAH, HDR, [Ghana](#), (10/28/2019)

[Mothers Shelter and Orphanage Trade School funding from SLDI knowledge](#) by Sr. Eusebia Lerotholi HCP, [Lesotho](#), (10/30/2019)

[Go and do the same to care for orphans](#) by SR. LETICIA KAZIMOTO, [Tanzania](#), (10/30/2019)

[An orphaned boy falls sick with malaria](#) by Sr. Bernadeta F. Mwanshalushe, SCC, [Tanzania](#), (10/30/2019)

[Governments, churches and NGOs are struggling to care for orphans](#) by SR. VERONICA JOHN MTEI, SPR, [Tanzania](#), (10/31/2019)

[Sr Mary Philip writes successful grants for projects in the community](#) by Sr. Joyce Rita Karambu, [Kenya](#), (11/12/2019)

[Appointed Program Coordinator for children with disabilities after ASEC education](#) by Sr. Felistas King'ori, [Kenya](#), (11/12/2019)

[What I learned in ASEC Basic Technology Workshop](#) by Sr. Winfred Ngii Mwanza, [Kenya](#), (11/12/2019)

[Computer skills gave me confidence and the ability to work independently](#) by Sr. Maria Theodotha, [Kenya](#), (11/12/2019)

[ASEC training is opening avenues for Sisters to discover their hidden gifts](#) by Sr. Benedetta Wamaita Warutere, [Kenya](#), (11/14/2019)

[Learning mail merge creating powerpoints and more in basic technology](#) by BY: SR. VERONICA W NDIRITU, [Kenya](#), (11/14/2019)

[Empowering marginalized women and children in my ministry](#) by Sr. Celline Awino, [Kenya](#), (11/14/2019)

[SLDI program can change the world for women religious](#) by Sr. Judith Laibuni, [Kenya](#), (11/14/2019)

[Using social media to share the work of a book publisher](#) by Sr. Doris Khisa Wanyonyi, [Kenya](#), (11/14/2019)

[Using technology skills to start a micro finance group to empower the youth](#) by Sr. Dorothy Karani, [Kenya](#), (11/14/2019)

[Compiling reports with ease because of SLDI](#) by Sr. Joyce Nyagucha, [Kenya](#), (11/14/2019)

[Sr. Constansia writes a successful grant for a car](#) by SR. COSTANSIA MOSHA, RA, [Tanzania](#),
(11/26/2019)

[Reducing the problem of water scarcity](#) by SR. BENEDICTA NEVUMBA, OLHOC, [Tanzania](#),
(11/26/2019)

[The Stream of Hope \(Clean water\)](#) by SR. VERONICA JOHN MTEI, SPR, [Tanzania](#), (11/26/2019)

[Clean water is essential for everyone](#) by SR. VENERABILIS URIO, RA, [Tanzania](#), (11/26/2019)

[Education is key to sustainable holistic development of a nation](#) by SR. BETTY NAMAALWA (D.M),
[Uganda](#), (11/27/2019)

[Thank you ASEC for empowering me](#) by Sr. Nabakooza Solome , [Uganda](#), (11/27/2019)

[Water is the key to good health](#) by SR. LIBERIA, [Tanzania](#), (11/28/2019)

[A flowing river throughout the Bible](#) by SR. VERONICA BOYANI, [Tanzania](#), (12/1/2019)

[The difference between clean and potable water](#) by SR. MODESTER MWITA, IHSA, [Tanzania](#),
(12/1/2019)

[Sr. Jovita acquires an ambulance for Kyatiri Health Centre in Uganda](#) by Sr Jovita Tushemereirwe,
[Uganda](#), (12/2/2019)

[2019 Alumnae Meeting takes place in Cameroon](#) by Sr. Leonarda N. Tubuo, SST, [Cameroon](#),
(1/22/2019)

[Together, lets make the world uninhabitable for Cancer](#) by Sr. Vera Ndifoim, [Cameroon](#),
(1/29/2019)

[Appreciation for the gift of education from a HESA student](#) by Sr. Christine Muia, [Kenya](#),
(2/13/2019)

[SLDI as a stepping stone in my apostolate and the value of mentorship](#) by Sr. Irine Wafula, [Kenya](#),
(2/13/2019)

[Grateful for my holistic education through the HESA program](#) by Sr. Rose Wambui Nyambura,
[Kenya](#), (2/13/2019)

[Gratitude from HESA students in Kenya \(a group message\)](#) by Sr. Juliana Egbeleke, [Kenya](#),
(2/13/2019)

[Transforming challenges into opportunities](#) by Sr. Vera Ndifofo, [Cameroon](#), (2/15/2019)

[When you encounter God's presence through a Catholic Nun](#) by Paul Che Bame, [Cameroon](#), (2/15/2019)

[Responding to the immediate needs of a community in crisis](#) by Sr. Marivella Condez, [Cameroon](#), (2/15/2019)

[International Women's Day](#) by Sr. Monica Juma, SSND, [Ghana](#), (2/24/2019)

[The gift of a laptop has been an indispensable value in my ministry](#) by Sr. Doris Kiven, [Cameroon](#), (3/5/2019)

[Teaching students about stress management in the midst of crisis](#) by Sr. Doris Kiven, [Cameroon](#), (3/5/2019)

[Bringing the joy of Christmas to internally displaced persons in Bamenda](#) by Sr. Louisa Abid, [Cameroon](#), (3/7/2019)

[Bringing ASEC skills into practicality through mentorship](#) by Sr Teresa Mulenga, [Malawi](#), (3/22/2019)

[Training on team and team building](#) by Sr. Leonarda Tubuo, [Cameroon](#), (4/2/2019)

[Life both transformed and saved with \\$55](#) by Sr Teresa Mulenga, [Malawi](#), (4/2/2019)

[Mother Tongue a necessary step to intellectual development](#) by Sr. Vera Ndifofo, [Cameroon](#), (4/4/2019)

[ASEC announces new Lesotho Country Director, Sr. Anacletta Lempe](#) by Sr. Francina Makoe, FCSCJ, [Lesotho](#), (4/4/2019)

[Convocation Ceremony at Veritas University, Abuja](#) by Sr. Juliet Ikeh, SOM, [Nigeria](#), (4/4/2019)

[Skill training to Internally displaced women in Yaounde- Cameroon](#) by Sr. Felcitas Ngum Nengtoh, [Cameroon](#), (4/4/2019)

[Healthcare flourishes through education at the Holy Cross Health Centre](#) by Sr. Monica M. Kissoly, SCC, [Tanzania](#), (4/15/2019)

[Self-confidence spreads confidence](#) by Sr. Efronsina F. Mbiki, CICM, [Tanzania](#), (4/15/2019)

[SLDI Leadership Course Impact on my Ministry and Promotion](#) by Sr. Elizabeth P. Kasanga, SCSF, [Tanzania](#), (4/26/2019)

[Campaign to curb election violence \(Video\)](#) by Sr. Caroline Mwasya, CPS (Missionary Sisters of the Precious Blood), [Kenya](#), (5/1/2019)

[The role of religious leaders faced with corruption](#) by Sr. Catherine Mulee, [Kenya](#), (5/3/2019)

[A Poem of Gratitude to Our Donors](#) by Sr. Catherine Mulee Syombua, [Kenya](#), (5/3/2019)

[Using ASEC skills to build classrooms for the physically impaired](#) by Sr. Antoinette Jecinter Okoth, [Kenya](#), (5/3/2019)

[Case History of Kitui Country Orphan and Vulnerable Children \(OVC\)](#) by Sr. Faith Nyambura Kamau, [Kenya](#), (5/8/2019)

[Freely you have received, Freely you ought to give](#) by Sr. Vera Ndifoin, [Cameroon](#), (5/11/2019)

[An Eye Opening Experience at CISCO Centre](#) by SLDI Social Group - Sr. Doreen Nnubia, Sr. Christiana Ikewehugo, Sr. Mary Christopher, Sr. Alaeke Bernadette, [Nigeria](#), (5/16/2019)

[Educating our Youth, the Future Generation](#) by Sr. Leticia R. Kazimoto, FDCC (SLDI Alumnae 2018), [Tanzania](#), (5/22/2019)

[Generation Hope](#) by Sr. Maria N. Isaya, [Tanzania](#), (5/24/2019)

[Creating Hope for the Future Generation](#) by SR. MARTHA MODEST, [Tanzania](#), (5/27/2019)

[Miraculous Touch by ASEC - A Story of the Awakening to the World of Technology](#) by Sr. Eva Chifundo Kangaude Carmelite Missionaries, [Malawi](#), (6/3/2019)

[A Call to Heal and Rescue Life](#) by SR. EFROSINA MBIKI, CICM, [Tanzania](#), (6/11/2019)

[Teaching Practice at Our Lady of Mercy Secondary School](#) by Sr. Abigail Mwaka, HBVM, [Zambia](#), (6/14/2019)

[HEALING HANDS](#) by CUHAS - HESA STUDENT (SR. MARIANA IGNACE, H.C.S), [Tanzania](#), (6/15/2019)

[HESA Reflective Learning allow Students to share and learn](#) by Sr. Mary Owuoth, [Kenya](#), (6/17/2019)

[Journey so far](#) by Sr. Juliana Egbeleke , [Kenya](#), (6/17/2019)

[NURSING HANDS](#) by SR. MARIA N. ISAYA, LSOSF, [Tanzania](#), (6/17/2019)

[THEOLOGY STUDENTS COMMISSIONING SPEECH](#) by Sr. Anastacia Mwebia, [Kenya](#), (6/17/2019)

[MY EXPERIENCE ABOUT HEALING HANDS](#) by SR. SENORINA LUCIAN, SCB, [Tanzania](#),
(6/28/2019)

[VISIT OF THE EXECUTIVE DIRECTOR OF ASEC AND PRESIDENT OF NATIONAL CONFERENCE
OF WOMEN RELIGIOUS - NIGERIA](#) by Sr. Clementine Ekere, EHJ, [Nigeria](#), (6/30/2019)

[Evangelizing Higher Education HESA 2019 Partners Conference](#) by Ngatchu Damen Nyinkeu,
[Cameroon](#), (7/10/2019)

[Be Happy as a Broom](#) by Sr. Elizabeth Mukenyi, [Kenya](#), (7/11/2019)

[A Heart like a River](#) by Sr. Mary Francis Akinrinade, [Kenya](#), (7/11/2019)

[A WORD OF APPRECIATION TO ASEC-HESA PROGRAM.](#) by Sr. Hilaria Chombo, [Malawi](#),
(7/12/2019)

[That era of ignorance and lack of confidence in the area has become a thing of the past! Thanks
to ASEC!](#) by Sister Veronica Chibovo (CMFC), [Malawi](#), (7/15/2019)

[ORGANIC VEGETABLE PRODUCTION, THE SUREST WAY TO HEALTHY LIVING](#) by Sr. Evelyn
Serwaa Adjei, SSL, [Ghana](#), (7/16/2019)

[The Story of Jemila](#) by Sr.M.Antonieta Walea, [South Sudan](#), (7/18/2019)

[Whatever God has put together, no one should put asunder](#) by Sr. Michelina Gacheri, [Kenya](#),
(7/22/2019)

[Climb the tree](#) by Sr. Emily Cheronno, [Kenya](#), (7/22/2019)

[The power of Team Work](#) by Sr. Fridah Kainyu Miriti, [Kenya](#), (7/22/2019)

[I sing to you ASEC/HESA](#) by Sr. Margaret Wamae, [Kenya](#), (7/22/2019)

[SLDI/HESA BRAVO!!!!](#) by Sr. Maria Therese, [Kenya](#), (7/22/2019)

[Presentation during CCCK Baseline Survey](#) by Sr. Delvin Mukhwana, [Kenya](#), (7/22/2019)

[COMMISSIONING CEREMONY HELD AT CHEMCHEMI YA UZIMA SCHOOL OF FORMATION](#) by Sr. Juliana Aadebimpe Egbeleke SSL, [Kenya](#), (7/23/2019)

[HOLISTIC FORMATION BY SR. UCHE ONYEKONWU SISTERS OF NOTRE DAME DE NAMUR](#) by Sr. Uche ONYEKONWU , [Kenya](#), (7/23/2019)

[Message to the Donor](#) by Sr Christine Philomena Muia , [Kenya](#), (7/23/2019)

[Philosophy Course Report](#) by Sr. Rebecca Sichangi, [Kenya](#), (7/23/2019)

[SUPPORTED IN ORDER TO BE SELF-SUPPORTIVE](#) by SR. INVIOLATA KAMBANGA, OSB, [Tanzania](#), (7/23/2019)

[INNERMOST APPRECIATION TO SISTERS LEADERSHIP DEVELOPMENT \(SLDI\) PROGRAM](#) by Sr. Leticia R. Kazimoto, FDCC, [Tanzania](#), (7/23/2019)

[GROWING GREEN](#) by Sr. Senorina S. Lucian S.C.B, [Tanzania](#), (7/24/2019)

[BIG SUCCESS, BIG UP TWO YEARS SCHOLARSHIP BENEFACTORS](#) by SR. EUSEBIA MICHAEL TEMBA, H.S.S, [Tanzania](#), (7/27/2019)

[MY DREAM CAME TRUE](#) by SR. DOROTHEA JAMES, SDS, [Tanzania](#), (7/27/2019)

[YOUR SUPPORTIVE COUNT MILLION TO ME](#) by SR. MERCY MAKUKA, OSB, [Tanzania](#), (7/27/2019)

[My Course Mates](#) by Louisa Huni-Dadzie, SHCJ, [Ghana](#), (7/27/2019)

[Impressions about the Workshop](#) by SLDI Basic Technology Participants, [Ghana](#), (7/27/2019)

[ENVIRONMENTAL CONSERVATION AND PROTECTION](#) by Sr. Catherine Mulee, [Kenya](#), (8/8/2019)

[ESTABLISHING AN AFRICA FREE OF POVERTY](#) by Sr. Catherine Mulee, [Kenya](#), (8/8/2019)

[WHAT MOTIVATED ME TO JOIN THE SLDI PROGRAM](#) by Sr. Anne Ndungu, [Kenya](#), (8/8/2019)

[THE MOST INSIGHTFUL MOMENT](#) by Sr. Beatrice Chepngeno, [Kenya](#), (8/8/2019)

[My Experience of Basic Technology](#) by Sr. Beatrice Tarus, [Kenya](#), (8/8/2019)

[From a recalcitrant student to an aspirant to religious life](#) by Sr. Evelyin Njang, [Cameroon](#), (8/8/2019)

-
- [I touched the magic tool for the first time](#) by Sr. Doris Kiven, [Cameroon](#), (8/8/2019)
- [THE GROWTH IN BASIC TECHNOLOGY](#) by Sr. Caroline Muthoni Mbae, [Kenya](#), (8/14/2019)
- [MY EXPERIENCE WITH SLDI BASIC TECHNOLOGY](#) by Sr. Christophea Fedha, [Kenya](#), (8/14/2019)
- [Memorable Moments at Tumaini Centre](#) by Sr. Cynthia Keya, [Kenya](#), (8/14/2019)
- [MY EXPERIENCE WITH ASEC -SLDI](#) by Sr. Dorothy Nyaketo, [Kenya](#), (8/14/2019)
- [LEARNING IS LIFE LONG](#) by Sr. Edita Wambugi James, [Kenya](#), (8/14/2019)
- [My Success Story in Basic Technology](#) by Sr. Elizabeth Idem, [Kenya](#), (8/14/2019)
- [TECHNOLOGY IS A TOOL FOR TRANSFORMATION](#) by Sr. Elizabeth Wangui Ndirangu, [Kenya](#), (8/14/2019)
- [ASEC: SHOWER OF BLESSINGS FROM ABOVE](#) by Sr. Francisca Kaesa, [Kenya](#), (8/14/2019)
- [Thank You](#) by Sr. Nyiramariza Hilarie , [Kenya](#), (8/14/2019)
- [THE EYE OPENER ``WHAT A GREAT OPPORTUNITY``](#) by Sr. Jacinta Kisangau, [Kenya](#), (8/14/2019)
- [My motivation of participating in the Basic Technology](#) by Sr. Jacinta Okechukwu, [Kenya](#), (8/15/2019)
- [A STEP FURTHER IN MY LIFE](#) by Sr. Jane Muiga, [Kenya](#), (8/15/2019)
- [What I am is because of ASEC-HESA](#) by Sr. Jane Watenga, [Kenya](#), (8/15/2019)
- [TECHNOLOGY, ITâS ALL ABOUT TECHNOLOGY!](#) by Sr. Jenifer Samuel, [Kenya](#), (8/15/2019)
- [What motivated me to attend Basic Technology](#) by Sr. Josephine Wanjiku Kariuki, [Kenya](#), (8/15/2019)
- [Poem of Gratitude](#) by Sr. Lilian Nyakundi, [Kenya](#), (8/15/2019)
- [Appreciation](#) by Sr. Luisa Makena, [Kenya](#), (8/15/2019)
- [MY EXPERIENCE AT ASEC BASIC TECHNOLOGY PROGRAM](#) by Sr. Lydia Kerubo, [Kenya](#), (8/15/2019)
- [MY EXPERIENCE WITH ASEC-SLDI PROGRAM](#) by Sr. Maureen Nguna Muli, [Kenya](#), (8/15/2019)

[MY STRUGGLES BEFORE ASEC- SLDI BASIC TECHNOLOGY](#) by Sr. Oliver Tarimo, [Tanzania](#), (8/15/2019)

[INSPIRATION STORY](#) by Sr. Rosemary Nasaazi, [Kenya](#), (8/15/2019)

[MY INTERACTION WITH COMPUTER during SLDI BASIC TECHNOLOGY](#) by Sr Teresiah Muchuna, [Kenya](#), (8/15/2019)

[WHAT A GREAT CHANCE](#) by Sr. Vivian Nanjala Milimo, [Kenya](#), (8/15/2019)

[THROUGH VERITAS ON HESA'S WINGS](#) by Sr. Nwankwo Justine Ndidi, SSH, [Nigeria](#), (8/15/2019)

[EFFECTIVE STUDY](#) by SR. HELEN DALADIMA, SSND, [Ghana](#), (8/19/2019)

[Teaching is Power](#) by SR. NGOZI IGWUDU, SND, [Ghana](#), (8/19/2019)

[Committed teachers can see their work in action](#) by SR. JOYCE BAABEREYIR, HHCJ, [Ghana](#), (8/19/2019)

[My experience of sustainable farming in my own community](#) by SR. NGOZI IGWUDU, SND, [Ghana](#), (8/19/2019)

[GHANA 2019: AN UNFORGETTABLE EXPERIENCE](#) by Yerodin Lucas, [USA](#), (8/22/2019)

[Teaching: An art and science so rewarding and challenging](#) by SR. ROSELYNE W. WAFULA, fsp, [Tanzania](#), (8/20/2019)

[TEACHING](#) by SR. MARIA N. ISSAYA, [Tanzania](#), (8/22/2019)

[Teaching: Reach your Goal](#) by SR. AGRICOLA T. ANDREA, LSOFS, [Tanzania](#), (8/22/2019)

[INTELLECTUAL, SPIRITUAL, MORAL EDUCATION IS THE PASSPORT TO THE FUTURE](#) by SR. PATRICIA DANIEL, SCC, [Tanzania](#), (8/22/2019)

[JESUS THE TEACHER OF WISDOM](#) by SR. PULKERIA K. NDEMASI, LSj, [Tanzania](#), (8/27/2019)

[ASEC-Skills for donor confidence and project sustainability](#) by Sr Teresa Mulenga, [Malawi](#), (8/28/2019)

[TEACHING](#) by SR. GETRUDE MUSHI (Fdcc), [Tanzania](#), (8/28/2019)

[Educate our youth for a better future](#) by SR. FRANSISCA KIMARIO, S.M.I., [Tanzania](#), (8/29/2019)

-
- [Teaching with Love](#) by Sr. Bernadeta F. Mwanshalushe, SCC, [Tanzania](#), (8/30/2019)
- [Importance of Technology to Sisters](#) by Sr. Martha Musonda FMDM, [Zambia](#), (9/3/2019)
- [LOVE GREEN, PROMOTE LIFE](#) by SR. PATRICIA DANIEL, SCC, [Tanzania](#), (9/8/2019)
- [ENVIRONMENT](#) by Sr. Fransisca Kimario S.M.I., [Tanzania](#), (9/11/2019)
- [ENVIRONMENT IS THE MOTHER](#) by SR. INVIOLATA IMANI KIMATHY, CB, [Tanzania](#), (9/11/2019)
- [BETTER THE ENVIRONMENT](#) by SR. AGNES MUSSA MKINDA, OSB, [Tanzania](#), (9/11/2019)
- [My Treasure](#) by Sr. Christine Mong'ina, [Kenya](#), (9/12/2019)
- [Days come, Days go](#) by Sr. Margaret Wanda, [Kenya](#), (9/12/2019)
- [Multiply my Thanks](#) by Sr. Teresia Ngiti, [Kenya](#), (9/12/2019)
- [Empowering is the WORD](#) by Sr. Lilian Njuguna, [Kenya](#), (9/12/2019)
- [Success is doing my part well](#) by Sr. Martha Bosibori, [Kenya](#), (9/12/2019)
- [Prepared and Sent](#) by Sr. Sabina Segera, [Kenya](#), (9/13/2019)
- [An Experience of Gratitude](#) by Sr. Beth Wamucii Kibe, [Kenya](#), (9/13/2019)
- [The Twenty-first century journey with technology](#) by Sr. Brenda Basibori, [Kenya](#), (9/13/2019)
- [Bravo Bravo Bravo to ASEC-SLDI](#) by Sr. Carolyne Agnes Wafula, [Kenya](#), (9/13/2019)
- [SHIFT OF EXPERIENCES AND BEHAVIOUR](#) by Sr. Celestine Akumu, [Kenya](#), (9/13/2019)
- [TECHNOLOGY JOURNEY TOWARDS TRANSFORMATION](#) by Sr. Christine Imbali, [Kenya](#), (9/13/2019)
- [Personal Experience in Basic Technology](#) by Sr. Eunice Mueni Mutua, [Kenya](#), (9/13/2019)
- [Greening our Skills](#) by Sr. Gertrude Nyawira, [Kenya](#), (9/13/2019)
- [Give without pay](#) by Sr. Hyline Kemunto Okundi, [Kenya](#), (9/13/2019)
- [A Witness with a Difference](#) by Sr. Lucy Ndinda Kisavi, [Kenya](#), (9/13/2019)
- [The transformation moment](#) by Sr. Lydia Kemuma Makori, [Kenya](#), (9/13/2019)

[To realize the important of a second, ask someone whom an aero plane has left.](#) by Sr. Lydia Ondong, [Kenya](#), (9/13/2019)

[There is no secret, just have to work hard.](#) by Sr Mahima Tuscano , [Kenya](#), (9/13/2019)

[THE JOY OF HARD WORK](#) by Sr Merceline Anyega, [Kenya](#), (9/13/2019)

[GODâS GIFT TO HIS PEOPLE](#) by Sr. Nancy Sidi Keah, [Kenya](#), (9/13/2019)

[IMPORTANCE OF BASIC TECHNOLOGY](#) by Sr. Nancy Munene , [Kenya](#), (9/13/2019)

[CHANGES FOR EVANGELIZATION](#) by Sr. Phelesia Okwemba, [Kenya](#), (9/13/2019)

[AND BY KNOWLEDGE THE ROOMS ARE FILLED WITH ALL PRECIOUS AND PLEASANT RICHES](#) by Sr. Regina Nthenya, [Kenya](#), (9/13/2019)

[Enlighted, Enabled and Empowered](#) by Sr. Veronica Ekisa Odera, [Kenya](#), (9/13/2019)

[My graduation day](#) by Sr. Gift Kabonde (LSMI), [Zambia](#), (9/18/2019)

[What the Lord has done for me](#) by Sr Rita Mapenzi, [Zambia](#), (9/18/2019)

[WHO IS RESPONSIBLE!](#) by SR. BERNADETA F. MWANSHALUSHE, SCC, [Tanzania](#), (9/19/2019)

[ENVIRONMENT](#) by SR. LINDA J. OKEREKE, [Tanzania](#), (9/19/2019)

[DO WE CARE FOR OUR MOTHER? ENVIRONMENT \(FOOT PRINTS\)](#) by SR. GETRUDE MUSHI, Fdcc, [Tanzania](#), (9/19/2019)

[My Appreciation](#) by Sr. Anastasia Kalingeme, [Zambia](#), (9/20/2019)

[MOTHER EARTH: A CALL TO TAKE CARE OF THE ENVIRONMENT](#) by SR. LETICIA R. KAZIMOTO, FDCC, [Tanzania](#), (9/20/2019)

[ENVIRONMENT](#) by SR. BENEDICTA NEVUMBA, OLHC, [Tanzania](#), (9/20/2019)

[Better environment better tomorrow](#) by SR. PATRICIA DANIEL NDANU, SCC, [Tanzania](#), (9/21/2019)

[Acting to preserve the environment](#) by SR. VERONIC JOHN MTEI, SPR, [Tanzania](#), (9/21/2019)

[Necessity to take care of creation](#) by Sr. Aline Akonkwa Busane (MSOLA), [Tanzania](#), (9/21/2019)

[African Nuns Mourn Philanthropist Barron Hilton](#) by Sr. Jecinter Antonette , [Kenya](#), (9/25/2019)

[I will not stop learning](#) by Sr.Paskwina Iromo , [South Sudan](#), (9/26/2019)

[Seed of hope is finding enough resources to meet the needs of the community](#) by SR. RUTH AFFUL-MENSAH, HDR, [Ghana](#), (9/26/2019)

[Overcoming challenges at a maternity clinic in Ghana](#) by SR. STELLA UDEH, OP, [Ghana](#), (9/26/2019)

[Going Green to make the world a better place to live in](#) by SR. JOYCE BAABEREYIR, HHCJ, [Ghana](#), (9/26/2019)

[We depend on nature and the environment](#) by SR. ROSELYNE W. WAFULA, fsp, [Tanzania](#), (9/26/2019)

[Understanding environmental pollution](#) by SR. HONORINA PASCHAL, SCVP, [Tanzania](#), (9/29/2019)

[The environment is a gift from God](#) by SR. MARIE ROSE MASIKA KAHAMBU (ODN), [Tanzania](#), (9/29/2019)

[Using technology skills to liberate young girls](#) by Sr. Angela Waithera Gaitheo, [Kenya](#), (10/14/2019)

[Arise and Shine with Technology Skills](#) by SR. LYDIAH MONYANGI OTEGE , [Kenya](#), (10/14/2019)

[The importance of technology as a teacher and a catechist](#) by Sr. Regina Kalavi, [Kenya](#), (10/14/2019)

[My scholarship motivated me to work extra hard](#) by Sr Roseline Jepkorir Bwaley, , [Kenya](#), (10/14/2019)

[Gardening and creativity as a way of life](#) by Sr. Edina Mora, [Kenya](#), (10/21/2019)

[The future of our churches is digital](#) by Sr. Leah Wangui Waititu , [Kenya](#), (10/21/2019)

[I struggled with computers and printing in my ministry until ASEC Basic Technology course](#) by Sr. Ann Nyambura, [Kenya](#), (10/21/2019)

[ASEC courses helped me to manage mission accounts in Kenya](#) by Sr. Kiemtaramboubou K. Arlette, [Kenya](#), (10/21/2019)

[Computer skills improved my ability to minister pastoral programs to the children](#) by Sr. Christine Kathini Mutemi , [Kenya](#), (10/21/2019)

[Every child deserves an education](#) by SR. Venerabilis Bonaventura Urio, RA, [Tanzania](#),
(10/25/2019)

[Offsetting the psychological effects of being an orphan](#) by Sr. Benedicta Nevumber, OLHC,
[Tanzania](#), (10/25/2019)

[Go out of your way to bring joy to orphans](#) by Sr. Constansia Maria Moshia, RA, [Tanzania](#),
(10/25/2019)

[You will be blessed if you restore hope to orphans](#) by Liberia Ignace Silayo, URS-S.H.J, [Tanzania](#),
(10/25/2019)

[I named my newsletter Ray of Sunshine in honor of Conrad Hilton](#) by Sr. Rachel Marita, [Kenya](#),
(10/27/2019)

[My encounter with an orphan](#) by SR. RUTH AFFUL-MENSAH, HDR, [Ghana](#), (10/28/2019)

[Mothers Shelter and Orphanage Trade School funding from SLDI knowledge](#) by Sr. Eusebia
Lerotholi HCP, [Lesotho](#), (10/30/2019)

[Go and do the same to care for orphans](#) by SR. LETICIA KAZIMOTO, [Tanzania](#), (10/30/2019)

[An orphaned boy falls sick with malaria](#) by Sr. Bernadeta F. Mwanshalushe, SCC, [Tanzania](#),
(10/30/2019)

[Govenments churches and NGOs are struggling to care for orphans](#) by SR. VERONICA JOHN
MTEI, SPR, [Tanzania](#), (10/31/2019)

[Sr Mary Philip writes successful grants for projects in the community](#) by Sr. Joyce Rita Karambu,
[Kenya](#), (11/12/2019)

[Appointed Program Coordinator for children with disabilities after ASEC education](#) by Sr. Felistas
King'ori , [Kenya](#), (11/12/2019)

[What I learned in ASEC Basic Technology Workshop](#) by Sr. Winfred Ngii Mwanza, [Kenya](#),
(11/12/2019)

[Computer skills gave me confidence and the ability to work independently](#) by Sr. Maria
Theodotha, [Kenya](#), (11/12/2019)

[ASEC training is opening avenues for Sisters to discover their hidden gifts](#) by Sr. Benedetta
Wamaita Warutere , [Kenya](#), (11/14/2019)

[Learning mail merge creating powerpoints and more in basic technology](#) by BY: SR. VERONICA W NDIRITU , [Kenya](#), (11/14/2019)

[Empowering marginalized women and children in my ministry](#) by Sr. Celline Awino, [Kenya](#), (11/14/2019)

[SLDI program can change the world for women religious](#) by Sr. Judith Laibuni , [Kenya](#), (11/14/2019)

[Using social media to share the work of a book publisher](#) by Sr. Doris Khisa Wanyonyi, [Kenya](#), (11/14/2019)

[Using technology skills to start a micro finance group to empower the youth](#) by Sr. Dorothy Karani, [Kenya](#), (11/14/2019)

[Compiling reports with ease because of SLDI](#) by Sr. Joyce Nyagucha , [Kenya](#), (11/14/2019)

[Sr. Constansia writes a successful grant for a car](#) by SR. COSTANSIA MOSHA, RA, [Tanzania](#), (11/26/2019)

[Reducing the problem of water scarcity](#) by SR. BENEDICTA NEVUMBA, OLHOC, [Tanzania](#), (11/26/2019)

[The Stream of Hope \(Clean water\)](#) by SR. VERONICA JOHN MTEI, SPR, [Tanzania](#), (11/26/2019)

[Clean water is essential for everyone](#) by SR. VENERABILIS URIO, RA, [Tanzania](#), (11/26/2019)

[Education is key to sustainable holistic development of a nation](#) by SR. BETTY NAMAALWA (D.M), [Uganda](#), (11/27/2019)

[Thank you ASEC for empowering me](#) by Sr. Nabakooza Solome , [Uganda](#), (11/27/2019)

[Water is the key to good health](#) by SR. LIBERIA, [Tanzania](#), (11/28/2019)

[A flowing river throughout the Bible](#) by SR. VERONICA BOYANI, [Tanzania](#), (12/1/2019)

[The difference between clean and potable water](#) by SR. MODESTER MWITA, IHSA, [Tanzania](#), (12/1/2019)

[Sr. Jovita acquires an ambulance for Kyatiri Health Centre in Uganda](#) by Sr Jovita Tushemereirwe, [Uganda](#), (12/2/2019)

[2019 Alumnae Meeting takes place in Cameroon](#) by Sr. Leonarda N. Tubuo, SST, [Cameroon](#),
(1/22/2019)

[Together, lets make the world uninhabitable for Cancer](#) by Sr. Vera Ndifoin, [Cameroon](#),
(1/29/2019)

[Appreciation for the gift of education from a HESA student](#) by Sr. Christine Muia, [Kenya](#),
(2/13/2019)

[SLDI as a stepping stone in my apostolate and the value of mentorship](#) by Sr. Irine Wafula, [Kenya](#),
(2/13/2019)

[Grateful for my holistic education through the HESA program](#) by Sr. Rose Wambui Nyambura,
[Kenya](#), (2/13/2019)

[Gratitude from HESA students in Kenya \(a group message\)](#) by Sr. Juliana Egbeleke, [Kenya](#),
(2/13/2019)

[Transforming challenges into opportunitites](#) by Sr. Vera Ndifoin, [Cameroon](#), (2/15/2019)

[When you encounter God's presence through a Catholic Nun](#) by Paul Che Bame, [Cameroon](#),
(2/15/2019)

[Responding to the immediate needs of a community in crisis](#) by Sr. Marivella Condez, [Cameroon](#),
(2/15/2019)

[International Women's Day](#) by Sr. Monica Juma, SSND, [Ghana](#), (2/24/2019)

[The gift of a laptop has been an indispensible value in my ministry](#) by Sr. Doris Kiven, [Cameroon](#),
(3/5/2019)

[Teaching students about stress management in the midst of crisis](#) by Sr. Doris Kiven, [Cameroon](#),
(3/5/2019)

[Bringing the joy of Christmas to internally displaced persons in Bamenda](#) by Sr. Louisa Abid,
[Cameroon](#), (3/7/2019)

[Bringing ASEC skills into practicality through mentorship](#) by Sr Teresa Mulenga, [Malawi](#),
(3/22/2019)

[Training on team and team building](#) by Sr. Leonarda Tubuo, [Cameroon](#), (4/2/2019)

[Life both transformed and saved with \\$55](#) by Sr Teresa Mulenga, [Malawi](#), (4/2/2019)

[Mother Tongue a necessary step to intellectual development](#) by Sr. Vera Ndifofo, [Cameroon](#), (4/4/2019)

[ASEC announces new Lesotho Country Director, Sr. Anacletta Lempe](#) by Sr. Francina Makoae, FCSCJ, [Lesotho](#), (4/4/2019)

[Convocation Ceremony at Veritas University, Abuja](#) by Sr. Juliet Ikeh, SOM, [Nigeria](#), (4/4/2019)

[Skill training to Internally displaced women in Yaounde- Cameroon](#) by Sr. Felcitas Ngum Nengtoh, [Cameroon](#), (4/4/2019)

[Healthcare flourishes through education at the Holy Cross Health Centre](#) by Sr. Monica M. Kissoly, SCC, [Tanzania](#), (4/15/2019)

[Self-confidence spreads confidence](#) by Sr. Efronsina F. Mbiki, CICM, [Tanzania](#), (4/15/2019)

[SLDI Leadership Course Impact on my Ministry and Promotion](#) by Sr. Elizabeth P. Kasanga, SCSF, [Tanzania](#), (4/26/2019)

[Campaign to curb election violence \(Video\)](#) by Sr. Caroline Mwasya, CPS (Missionary Sisters of the Precious Blood), [Kenya](#), (5/1/2019)

[The role of religious leaders faced with corruption](#) by Sr. Catherine Mulee, [Kenya](#), (5/3/2019)

[A Poem of Gratitude to Our Donors](#) by Sr. Catherine Mulee Syombua, [Kenya](#), (5/3/2019)

[Using ASEC skills to build classrooms for the physically impaired](#) by Sr. Antoinette Jecinter Okoth, [Kenya](#), (5/3/2019)

[Case History of Kitui Country Orphan and Vulnerable Children \(OVC\)](#) by Sr. Faith Nyambura Kamau, [Kenya](#), (5/8/2019)

[Freely you have received, Freely you ought to give](#) by Sr. Vera Ndifofo, [Cameroon](#), (5/11/2019)

[An Eye Opening Experience at CISCO Centre](#) by SLDI Social Group - Sr. Doreen Nnubia, Sr. Christiana Ikewehugo, Sr. Mary Christopher, Sr. Alaeke Bernadette, [Nigeria](#), (5/16/2019)

[Educating our Youth, the Future Generation](#) by Sr. Leticia R. Kazimoto, FDCC (SLDI ALumnae 2018), [Tanzania](#), (5/22/2019)

[Generation Hope](#) by Sr. Maria N. Isaya, [Tanzania](#), (5/24/2019)

[Creating Hope for the Future Generation](#) by SR. MARTHA MODEST, [Tanzania](#), (5/27/2019)

[Miraculous Touch by ASEC - A Story of the Awakening to the World of Technology](#) by Sr. Eva Chifundo Kangaude Carmelite Missionaries, [Malawi](#), (6/3/2019)

[A Call to Heal and Rescue Life](#) by SR. EFROSINA MBIKI, CICM, [Tanzania](#), (6/11/2019)

[Teaching Practice at Our Lady of Mercy Secondary School](#) by Sr. Abigail Mwaka, HBVM, [Zambia](#), (6/14/2019)

[HEALING HANDS](#) by CUHAS - HESA STUDENT (SR. MARIANA IGNACE, H.C.S), [Tanzania](#), (6/15/2019)

[HESA Reflective Learning allow Students to share and learn](#) by Sr. Mary Owuoth , [Kenya](#), (6/17/2019)

[Journey so far](#) by Sr. Juliana Egbeleke , [Kenya](#), (6/17/2019)

[NURSING HANDS](#) by SR. MARIA N. ISAYA, LSOSF, [Tanzania](#), (6/17/2019)

[THEOLOGY STUDENTS COMMISSIONING SPEECH](#) by Sr. Anastacia Mwebia, [Kenya](#), (6/17/2019)

[MY EXPERIENCE ABOUT HEALING HANDS](#) by SR. SENORINA LUCIAN, SCB, [Tanzania](#), (6/28/2019)

[VISIT OF THE EXECUTIVE DIRECTOR OF ASEC AND PRESIDENT OF NATIONAL CONFERENCE OF WOMEN RELIGIOUS - NIGERIA](#) by Sr. Clementine Ekere, EHJ, [Nigeria](#), (6/30/2019)

[Evangelizing Higher Education HESA 2019 Partners Conference](#) by Ngatchu Damen Nyinkeu, [Cameroon](#), (7/10/2019)

[Be Happy as a Broom](#) by Sr. Elizabeth Mukenyi, [Kenya](#), (7/11/2019)

[A Heart like a River](#) by Sr. Mary Francis Akinrinade, [Kenya](#), (7/11/2019)

[A WORD OF APPRECIATION TO ASEC-HESA PROGRAM.](#) by Sr. Hilaria Chombo, [Malawi](#), (7/12/2019)

[That era of ignorance and lack of confidence in the area has become a thing of the past! Thanks to ASEC!](#) by Sister Veronica Chibovo (CMFC), [Malawi](#), (7/15/2019)

[ORGANIC VEGETABLE PRODUCTION, THE SUREST WAY TO HEALTHY LIVING](#) by Sr. Evelyn Serwaa Adjei, SSL, [Ghana](#), (7/16/2019)

[The Story of Jemila](#) by Sr.M.Antionietta Walea, [South Sudan](#), (7/18/2019)

[Whatever God has put together, no one should put asunder](#) by Sr. Michelina Gacheri, [Kenya](#), (7/22/2019)

[Climb the tree](#) by Sr. Emily Cheronno, [Kenya](#), (7/22/2019)

[The power of Team Work](#) by Sr. Fridah Kainyu Miriti, [Kenya](#), (7/22/2019)

[I sing to you ASEC/HESA](#) by Sr. Margaret Wamae, [Kenya](#), (7/22/2019)

[SLDI âHESA BRAVO!!!!](#) by Sr. Maria Therese, [Kenya](#), (7/22/2019)

[Presentation during CCCK Baseline Survey](#) by Sr. Delvin Mukhwana, [Kenya](#), (7/22/2019)

[COMMISSIONING CEREMONY HELD AT CHEMCHEMI YA UZIMA SCHOOL OF FORMATION](#) by Sr. Juliana Aadebimpe Egbeleke SSL, [Kenya](#), (7/23/2019)

[HOLISTIC FORMATION BY SR. UCHE ONYEKONWU SISTERS OF NOTRE DAME DE NAMUR.](#) by Sr. Uche ONYEKONWU , [Kenya](#), (7/23/2019)

[Message to the Donor](#) by Sr Christine Philomena Muia , [Kenya](#), (7/23/2019)

[Philosophy Course Report](#) by Sr. Rebecca Sichangi, [Kenya](#), (7/23/2019)

[SUPPORTED IN ORDER TO BE SELF-SUPPORTIVE](#) by SR. INVOLATA KAMBANGA, OSB, [Tanzania](#), (7/23/2019)

[INNERMOST APPRECIATION TO SISTERS LEADERSHIP DEVELOPMENT \(SLDI\) PROGRAM](#) by Sr. Leticia R. Kazimoto, FDCC, [Tanzania](#), (7/23/2019)

[GROWING GREEN](#) by Sr. Senorina S. Lucian S.C.B, [Tanzania](#), (7/24/2019)

[BIG SUCCESS. BIG UP TWO YEARS SCHOLARSHIP BENEFACTORS](#) by SR. EUSEBIA MICHAEL TEMBA, H.S.S, [Tanzania](#), (7/27/2019)

[MY DREAM CAME TRUE](#) by SR. DOROTHEA JAMES, SDS, [Tanzania](#), (7/27/2019)

[YOUR SUPPORTIVE COUNT MILLION TO ME](#) by SR. MERCY MAKUKA, OSB, [Tanzania](#), (7/27/2019)

[My Course Mates](#) by Louisa Huni-Dadzie, SHCJ, [Ghana](#), (7/27/2019)

[Impressions about the Workshop](#) by SLDI Basic Technology Participants, [Ghana](#), (7/27/2019)

[ENVIRONMENTAL CONSERVATION AND PROTECTION](#) by Sr. Catherine Mulee, [Kenya](#),
(8/8/2019)

[ESTABLISHING AN AFRICA FREE OF POVERTY](#) by Sr. Catherine Mulee, [Kenya](#), (8/8/2019)

[WHAT MOTIVATED ME TO JOIN THE SLDI PROGRAM](#) by Sr. Anne Ndungu, [Kenya](#), (8/8/2019)

[THE MOST INSIGHTFUL MOMENT](#) by Sr. Beatrice Chepngeno, [Kenya](#), (8/8/2019)

[My Experience of Basic Technology](#) by Sr. Beatrice Tarus, [Kenya](#), (8/8/2019)

[From a recalcitrant student to an aspirant to religious life](#) by Sr. Evelyin Njang, [Cameroon](#),
(8/8/2019)

[I touched the magic tool for the first time](#) by Sr. Doris Kiven, [Cameroon](#), (8/8/2019)

[THE GROWTH IN BASIC TECHNOLOGY](#) by Sr. Caroline Muthoni Mbae, [Kenya](#), (8/14/2019)

[MY EXPERIENCE WITH SLDI BASIC TECHNOLOGY](#) by Sr. Christophea Fedha, [Kenya](#), (8/14/2019)

[Memorable Moments at Tumaini Centre](#) by Sr. Cynthia Keya, [Kenya](#), (8/14/2019)

[MY EXPERIENCE WITH ASEC -SLDI](#) by Sr. Dorothy Nyaketo, [Kenya](#), (8/14/2019)

[LEARNING IS LIFE LONG](#) by Sr. Edita Wambugi James, [Kenya](#), (8/14/2019)

[My Success Story in Basic Technology](#) by Sr. Elizabeth Idem, [Kenya](#), (8/14/2019)

[TECHNOLOGY IS A TOOL FOR TRANSFORMATION](#) by Sr. Elizabeth Wangui Ndirangu, [Kenya](#),
(8/14/2019)

[ASEC: SHOWER OF BLESSINGS FROM ABOVE](#) by Sr. Francisca Kaesa, [Kenya](#), (8/14/2019)

[Thank You](#) by Sr. Nyiramariza Hilarie , [Kenya](#), (8/14/2019)

[THE EYE OPENER "WHAT A GREAT OPPORTUNITY"](#) by Sr. Jacinta Kisangau, [Kenya](#), (8/14/2019)

[My motivation of participating in the Basic Technology](#) by Sr. Jacinta Okechukwu, [Kenya](#),
(8/15/2019)

[A STEP FURTHER IN MY LIFE](#) by Sr. Jane Muiga, [Kenya](#), (8/15/2019)

[What I am is because of ASEC-HESA](#) by Sr. Jane Watenga, [Kenya](#), (8/15/2019)

[TECHNOLOGY. IT'S ALL ABOUT TECHNOLOGY!](#) by Sr. Jenifer Samuel, [Kenya](#), (8/15/2019)

[What motivated me to attend Basic Technology](#) by Sr. Josephine Wanjiku Kariuki, [Kenya](#), (8/15/2019)

[Poem of Gratitude](#) by Sr. Lilian Nyakundi, [Kenya](#), (8/15/2019)

[Appreciation](#) by Sr. Luisa Makena, [Kenya](#), (8/15/2019)

[MY EXPERIENCE AT ASEC BASIC TECHNOLOGY PROGRAM](#) by Sr. Lydia Kerubo, [Kenya](#), (8/15/2019)

[MY EXPERIENCE WITH ASEC-SLDI PROGRAM](#) by Sr. Maureen Nguna Muli, [Kenya](#), (8/15/2019)

[MY STRUGGLES BEFORE ASEC- SLDI BASIC TECHNOLOGY](#) by Sr. Oliver Tarimo, [Tanzania](#), (8/15/2019)

[INSPIRATION STORY](#) by Sr. Rosemary Nasaazi, [Kenya](#), (8/15/2019)

[MY INTERACTION WITH COMPUTER during SLDI BASIC TECHNOLOGY](#) by Sr Teresiah Muchuna, [Kenya](#), (8/15/2019)

[WHAT A GREAT CHANCE](#) by Sr. Vivian Nanjala Milimo, [Kenya](#), (8/15/2019)

[THROUGH VERITAS ON HESA'S WINGS](#) by Sr. Nwankwo Justine Ndidi, SSH, [Nigeria](#), (8/15/2019)

[EFFECTIVE STUDY](#) by SR. HELEN DALADIMA, SSND, [Ghana](#), (8/19/2019)

[Teaching is Power](#) by SR. NGOZI IGWUDU, SND, [Ghana](#), (8/19/2019)

[Committed teachers can see their work in action](#) by SR. JOYCE BAABEREYIR, HHCJ, [Ghana](#), (8/19/2019)

[My experience of sustainable farming in my own community](#) by SR. NGOZI IGWUDU, SND, [Ghana](#), (8/19/2019)

[GHANA 2019: AN UNFORGETTABLE EXPERIENCE](#) by Yerodin Lucas, [USA](#), (8/22/2019)

[Teaching: An art and science so rewarding and challenging](#) by SR. ROSELYNE W. WAFULA, fsp, [Tanzania](#), (8/20/2019)

[TEACHING](#) by SR. MARIA N. ISSAYA, [Tanzania](#), (8/22/2019)

[Teaching: Reach your Goal](#) by SR. AGRICOLA T. ANDREA, LSOFS, [Tanzania](#), (8/22/2019)

[INTELLECTUAL, SPIRITUAL, MORAL EDUCATION IS THE PASSPORT TO THE FUTURE](#) by SR. PATRICIA DANIEL, SCC, [Tanzania](#), (8/22/2019)

[âJESUS THE TEACHER OF WISDOMâ](#) by SR. PULKERIA K. NDEMASI, LSj, [Tanzania](#), (8/27/2019)

[ASEC-Skills for donor confidence and project sustainability](#) by Sr Teresa Mulenga, [Malawi](#), (8/28/2019)

[TEACHING](#) by SR. GETRUDE MUSHI (Fdcc), [Tanzania](#), (8/28/2019)

[Educate our youth for a better future](#) by SR. FRANSISCA KIMARIO, S.M.I., [Tanzania](#), (8/29/2019)

[Teaching with Love](#) by Sr. Bernadeta F. Mwanshalushe, SCC, [Tanzania](#), (8/30/2019)

[Importance of Technology to Sisters](#) by Sr. Martha Musonda FMDM, [Zambia](#), (9/3/2019)

[LOVE GREEN, PROMOTE LIFE](#) by SR. PATRICIA DANIEL, SCC, [Tanzania](#), (9/8/2019)

[ENVIRONMENT](#) by Sr. Fransisca Kimario S.M.I., [Tanzania](#), (9/11/2019)

[ENVIRONMENT IS THE MOTHER](#) by SR. INVIOLATA IMANI KIMATHY, CB, [Tanzania](#), (9/11/2019)

[BETTER THE ENVIRONMENT](#) by SR. AGNES MUSSA MKINDA, OSB, [Tanzania](#), (9/11/2019)

[My Treasure](#) by Sr. Christine Mong'ina , [Kenya](#), (9/12/2019)

[Days come, Days go](#) by Sr. Margaret Wanda, [Kenya](#), (9/12/2019)

[Multiply my Thanks](#) by Sr. Teresia Ngiti, [Kenya](#), (9/12/2019)

[Empowering is the WORD](#) by Sr. Lilian Njuguna, [Kenya](#), (9/12/2019)

[Success is doing my part well](#) by Sr. Martha Bosibori, [Kenya](#), (9/12/2019)

[Prepared and Sent](#) by Sr. Sabina Segera, [Kenya](#), (9/13/2019)

[An Experience of Gratitude](#) by Sr. Beth Wamucii Kibe, [Kenya](#), (9/13/2019)

[The Twenty-first century journey with technology](#) by Sr. Brenda Basibori, [Kenya](#), (9/13/2019)

[Bravo Bravo Bravo to ASEC-SLDI](#) by Sr. Carolynne Agnes Wafula, [Kenya](#), (9/13/2019)

[SHIFT OF EXPERIENCES AND BEHAVIOUR](#) by Sr. Celestine Akumu, [Kenya](#), (9/13/2019)

[TECHNOLOGY JOURNEY TOWARDS TRANSFORMATION](#) by Sr. Christine Imbali, [Kenya](#), (9/13/2019)

[Personal Experience in Basic Technology](#) by Sr. Eunice Mueni Mutua, [Kenya](#), (9/13/2019)

[Greening our Skills](#) by Sr. Gertrude Nyawira, [Kenya](#), (9/13/2019)

[Give without pay](#) by Sr. Hyline Kemunto Okundi, [Kenya](#), (9/13/2019)

[A Witness with a Difference](#) by Sr. Lucy Ndinda Kisavi, [Kenya](#), (9/13/2019)

[The transformation moment](#) by Sr. Lydia Kemuma Makori, [Kenya](#), (9/13/2019)

[To realize the important of a second, ask someone whom an aero plane has left.](#) by Sr. Lydia Ondong, [Kenya](#), (9/13/2019)

[There is no secret, just have to work hard.](#) by Sr Mahima Tuscano , [Kenya](#), (9/13/2019)

[THE JOY OF HARD WORK](#) by Sr Merceline Anyega, [Kenya](#), (9/13/2019)

[GOD’S GIFT TO HIS PEOPLE](#) by Sr. Nancy Sidi Keah, [Kenya](#), (9/13/2019)

[IMPORTANCE OF BASIC TECHNOLOGY](#) by Sr. Nancy Munene , [Kenya](#), (9/13/2019)

[CHANGES FOR EVANGELIZATION](#) by Sr. Phelesia Okwemba, [Kenya](#), (9/13/2019)

[AND BY KNOWLEDGE THE ROOMS ARE FILLED WITH ALL PRECIOUS AND PLEASANT RICHES](#) by Sr. Regina Nthenya, [Kenya](#), (9/13/2019)

[Enlighted, Enabled and Empowered](#) by Sr. Veronica Ekisa Odera, [Kenya](#), (9/13/2019)

[My graduation day](#) by Sr. Gift Kabonde (LSMI), [Zambia](#), (9/18/2019)

[What the Lord has done for me](#) by Sr Rita Mapenzi, [Zambia](#), (9/18/2019)

[WHO IS RESPONSIBLE!](#) by SR. BERNADETA F. MWANSHALUSHE, SCC, [Tanzania](#), (9/19/2019)

[ENVIRONMENT](#) by SR. LINDA J. OKEREKE, [Tanzania](#), (9/19/2019)

[DO WE CARE FOR OUR MOTHER? ENVIRONMENT \(FOOT PRINTS\)](#) by SR. GETRUDE MUSHI,
Fdcc, [Tanzania](#), (9/19/2019)

[My Appreciation](#) by Sr. Anastasia Kalingeme, [Zambia](#), (9/20/2019)

[MOTHER EARTH: A CALL TO TAKE CARE OF THE ENVIRONMENT](#) by SR. LETICIA R. KAZIMOTO,
FDCC, [Tanzania](#), (9/20/2019)

[ENVIRONMENT](#) by SR. BENEDICTA NEVUMBA, OLHC, [Tanzania](#), (9/20/2019)

[Better environment better tomorrow](#) by SR. PATRICIA DANIEL NDANU, SCC, [Tanzania](#),
(9/21/2019)

[Acting to preserve the environment](#) by SR. VERONIC JOHN MTEI, SPR, [Tanzania](#), (9/21/2019)

[Necessity to take care of creation](#) by Sr. Aline Akonkwa Busane (MSOLA), [Tanzania](#), (9/21/2019)

[African Nuns Mourn Philanthropist Barron Hilton](#) by Sr. Jecinter Antonette , [Kenya](#), (9/25/2019)

[I will not stop learning](#) by Sr.Paskwina Iromo , [South Sudan](#), (9/26/2019)

[Seed of hope is finding enough resources to meet the needs of the community](#) by SR. RUTH
AFFUL-MENSAH, HDR, [Ghana](#), (9/26/2019)

[Overcoming challenges at a maternity clinic in Ghana](#) by SR. STELLA UDEH, OP, [Ghana](#),
(9/26/2019)

[Going Green to make the world a better place to live in](#) by SR. JOYCE BAABEREYIR, HHCJ,
[Ghana](#), (9/26/2019)

[We depend on nature and the environment](#) by SR. ROSELYNE W. WAFULA, fsp, [Tanzania](#),
(9/26/2019)

[Understanding environmental pollution](#) by SR. HONORINA PASCHAL, SCVP, [Tanzania](#),
(9/29/2019)

[The environment is a gift from God](#) by SR. MARIE ROSE MASIKA KAHAMBU (ODN), [Tanzania](#),
(9/29/2019)

[Using technology skills to liberate young girls](#) by Sr. Angela Waithera Gaitho, [Kenya](#), (10/14/2019)

[Arise and Shine with Technology Skills](#) by SR. LYDIAH MONYANGI OTEGE , [Kenya](#), (10/14/2019)

[The importance of technology as a teacher and a catechist](#) by Sr. Regina Kalavi, [Kenya](#),
(10/14/2019)

[My scholarship motivated me to work extra hard](#) by Sr Roseline Jepkorir Bwaley, , [Kenya](#),
(10/14/2019)

[Gardening and creativity as a way of life](#) by Sr. Edina Moraa, [Kenya](#), (10/21/2019)

[The future of our churches is digital](#) by Sr. Leah Wangui Waititu , [Kenya](#), (10/21/2019)

[I struggled with computers and printing in my ministry until ASEC Basic Technology course](#) by Sr.
Ann Nyambura, [Kenya](#), (10/21/2019)

[ASEC courses helped me to manage mission accounts in Kenya](#) by Sr. Kiemtaramboumbou K.
Arlette, [Kenya](#), (10/21/2019)

[Computer skills improved my ability to minister pastoral programs to the children](#) by Sr. Christine
Kathini Mutemi , [Kenya](#), (10/21/2019)

[Every child deserves an education](#) by SR. Venerabilis Bonaventura Urio, RA, [Tanzania](#),
(10/25/2019)

[Offsetting the psychological effects of being an orphan](#) by Sr. Benedicta Nevumber, OLHC,
[Tanzania](#), (10/25/2019)

[Go out of your way to bring joy to orphans](#) by Sr. Constansia Maria Mosha, RA, [Tanzania](#),
(10/25/2019)

[You will be blessed if you restore hope to orphans](#) by Liberia Ignace Silayo, URS-S.H.J, [Tanzania](#),
(10/25/2019)

[I named my newsletter Ray of Sunshine in honor of Conrad Hilton](#) by Sr. Rachel Marita, [Kenya](#),
(10/27/2019)

[My encounter with an orphan](#) by SR. RUTH AFFUL-MENSAH, HDR, [Ghana](#), (10/28/2019)

[Mothers Shelter and Orphanage Trade School funding from SLDI knowledge](#) by Sr. Eusebia
Lerotholi HCP, [Lesotho](#), (10/30/2019)

[Go and do the same to care for orphans](#) by SR. LETICIA KAZIMOTO, [Tanzania](#), (10/30/2019)

[An orphaned boy falls sick with malaria](#) by Sr. Bernadeta F. Mwanshalushe, SCC, [Tanzania](#), (10/30/2019)

[Govenments churches and NGOs are struggling to care for orphans](#) by SR. VERONICA JOHN MTEI, SPR, [Tanzania](#), (10/31/2019)

[Sr Mary Philip writes successful grants for projects in the community](#) by Sr. Joyce Rita Karambu, [Kenya](#), (11/12/2019)

[Appointed Program Coordinator for children with disabilities after ASEC education](#) by Sr. Felistas King'ori , [Kenya](#), (11/12/2019)

[What I learned in ASEC Basic Technology Workshop](#) by Sr. Winfred Ngii Mwanza, [Kenya](#), (11/12/2019)

[Computer skills gave me confidence and the ability to work independently](#) by Sr. Maria Theodotha, [Kenya](#), (11/12/2019)

[ASEC training is opening avenues for Sisters to discover their hidden gifts](#) by Sr. Benedetta Wamaitha Warutere , [Kenya](#), (11/14/2019)

[Learning mail merge creating powerpoints and more in basic technology](#) by BY: SR. VERONICA W NDIRITU , [Kenya](#), (11/14/2019)

[Empowering marginalized women and children in my ministry](#) by Sr. Celline Awino, [Kenya](#), (11/14/2019)

[SLDI program can change the world for women religious](#) by Sr. Judith Laibuni , [Kenya](#), (11/14/2019)

[Using social media to share the work of a book publisher](#) by Sr. Doris Khisa Wanyonyi, [Kenya](#), (11/14/2019)

[Using technology skills to start a micro finance group to empower the youth](#) by Sr. Dorothy Karani, [Kenya](#), (11/14/2019)

[Compiling reports with ease because of SLDI](#) by Sr. Joyce Nyagucha , [Kenya](#), (11/14/2019)

[Sr. Constansia writes a successful grant for a car](#) by SR. COSTANSIA MOSHA, RA, [Tanzania](#), (11/26/2019)

[Reducing the problem of water scarcity](#) by SR. BENEDICTA NEVUMBA, OLHOC, [Tanzania](#), (11/26/2019)

[The Stream of Hope \(Clean water\)](#) by SR. VERONICA JOHN MTEI, SPR, [Tanzania](#), (11/26/2019)

[Clean water is essential for everyone](#) by SR. VENERABILIS URIO, RA, [Tanzania](#), (11/26/2019)

[Education is key to sustainable holistic development of a nation](#) by SR. BETTY NAMAALWA (D.M),
[Uganda](#), (11/27/2019)

[Thank you ASEC for empowering me](#) by Sr. Nabakooza Solome , [Uganda](#), (11/27/2019)

[Water is the key to good health](#) by SR. LIBERIA, [Tanzania](#), (11/28/2019)

[A flowing river throughout the Bible](#) by SR. VERONICA BOYANI, [Tanzania](#), (12/1/2019)

[The difference between clean and potable water](#) by SR. MODESTER MWITA, IHSA, [Tanzania](#),
(12/1/2019)

[Sr. Jovita acquires an ambulance for Kyatiri Health Centre in Uganda](#) by Sr Jovita Tushemereirwe,
[Uganda](#), (12/2/2019)